Harvard University Department of the History of Science

Fall 2022

HISTSCI 2739: Freud and His Legacies: Readings in the History of Psychoanalysis Wednesday, 3:00-5:45pm Science Center 469

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The legacies of Freud and his science of psychoanalysis have proven at once remarkably influential and continually contested. Inescapably part of our cultural and intellectual life, psychoanalysis has been from the start subject to revision and open to attack—its therapeutic and disciplinary practices and its construals of the modern self and/in society alike is the focus of ongoing and productive debate. Freud may be dead, but psychoanalysis is very much alive—though often not named as such. Psychoanalytic thinking has been assimilated into large swaths of our cultural life, where it has offered (and continues to offer) powerful accounts of paradoxical and difficult to understand aspects of human behavior and social relations.

Our exploration of Freud and his legacies opens with two weeks on the psychoanalytic setting before turning to examine three foundational analytic concepts—trauma, the family, and the object—considered from Freudian and post-Freudian perspectives. We will then take up four pathologies of modernity that psychoanalysts have defined and theorized and that have served as flashpoints in the culture at large: narcissism, affluence and greed, empathy and its lack, and authoritarian and toxic leadership. The course will close by posing the question of how best to write the history of psychoanalysis. Throughout we will chart the fortunes of various analytic schools and their organizing paradigms, from conflict to deficit to regulation.

Course Materials:

Much of the reading may be found on the Psychoanalytic Electronic Publishing (PEP) site:

http://www.pep-web.org.ezp-prod1.hul.harvard.edu/

All readings will be posted on the course website or distributed by the instructor. Inexpensive used copies of some assigned books are available at abebooks or Amazon; some are also available for purchase in digital formats. Course books are also on reserve in Lamont.

Course requirements:

Students may choose to either

- 1) write two 7-10 page papers, based on course readings (due dates: paper 1, October 19; paper 2, December 7 (last day of reading period), *or*
- 2) write a 15-20 page paper, due December 17.

Graduate students may make arrangements with the instructor to submit a research paper or, if relevant, dissertation prospectus, in fulfillment of the course writing requirement.

All students must submit (on course website, under Assignments) seven 1-2 page response papers by 9am on the day of class. Attendance is mandatory; please contact the instructor if you must miss a class.

Week 1 (September 7): Introduction

Part I The analytic setting

Week 2 (September 14): Lying on the couch

- J. Breuer & S. Freud, *Studies on Hysteria* (1893-1895), *SE* 2, "Fräulein Anna O.," 21-47; (Freud), 255-305
- S. Freud, Five Lectures on Psycho-Analysis (1910), SE 11, 9-20
- S. Ferenczi, "On the technique of psycho-analysis" (1919), in *Further Contributions to the Theory and Technique of Psycho-Analysis*, ed. J. Rickman (1950), 177-83
- M. Foucault, History of Sexuality, Vol. 1: An Introduction (1978), 53-73
- A. Mayer, Sites of the Unconscious: Hypnosis and Emergence of the Psychoanalytic Setting (2013), chap. 8
- E. Engelman, Berggasse 19: Sigmund Freud's Home and Offices, Vienna 1938 (1981)
- M. Gerard, "In the shadow of Freud's couch,"

http://www.markgeraldphoto.com/#/ABOUT%20THE%20PROJECT

B. Winograd et al., Black Psychoanalysts Speak (2014). Video, on PEP

Recommended:

- D. Anzieu, Freud's Self Analysis (1986)
- D. Fuss, The Sense of an Interior (2004), 71-107 ("Freud's ear")
- V. Lingiardi & F. Bei, "Questioning the couch: Historical and clinical perspectives," *Psychoanalytic Psychology* 28 (2011): 389-404
- A. Friedberg & L. Linn, "The couch as icon," Psychoanalytic Review 99 (2012): 35-62
- N. Kravis, On the Couch: A Repressed History of the Analytic Couch from Plato to Freud (2017)

Week 3 (September 21): *Technique*

- S. Freud, "The dynamics of transference" (1912), "Recommendations to physicians practising psycho-analysis" (1912); "On beginning the treatment," (1913); "Remembering, repeating, and working-through" (1914); and "Observations on transference-love" (1915), SE 12: 99-171
- J. Malcolm, Psychoanalysis: The Impossible Profession (1981), 1-120
- M. Goldberger & D. Evans, "On transference manifestations in male patients with female analysts," *International Journal of Psychoanalysis* 66 (1985): 295-309
- D. Holmes, "Race and transference in psychoanalysis and psychotherapy," *International Journal of Psychoanalysis* 73 (1992): 1-11
- A. Abbasi, "Whose side are you on? Muslim psychoanalysts treating non-Muslim patients," in S. Ahktar, ed., *The Crescent and the Couch: Cross-Currents between Islam and Psychoanalysis* (2008)

Recommended:

- L. Stone, *The Psychoanalytic Situation* (1961)
- L. Friedman, "A reading of Freud's Papers on Technique," *Psychoanalytic Quarterly* 60 (1991): 564-595
- E. Lunbeck & B. Simon, Family Secrets, Family Romance: Case Notes from an American Psychoanalysis, 1912 (2003)
- Analysands' accounts of treatment with Freud: Blanton, Grinker, H. D., Kardiner, Wittels, etc.
- D. Holmes, "Racial transference reactions in psychoanalytic treatment: An update," in R. Moodley & S. Palmer, eds., *Race, Culture and Psychotherapy* (2006)

Part II Some analytic concepts

Week 4 (September 28): *Trauma*

- S. Freud, "The aetiology of hysteria" (1896), SE 3, 189-221
- S. Freud to W. Fliess, 2 May and 21 Sept. 1897, in J. Masson, ed., *The Complete Letters of Sigmund Freud to Wilhelm Fliess* (1985), 238-40, 264-67
- S. Ferenczi, "Confusion of tongues between adults and the child" (1933), in *Final Contributions*, 156-67
- S. Ferenczi, Clinical Diary (1985 [1932]), selections
- M. Balint, The Basic Fault (1968), forward, chaps. 16, 19, 23
- V. Volkan, "Traumatized societies and psychological care: Expanding the concept of preventive medicine" (1999)
- P. M. Contreras, D. Kallivayalil & J. L. Herman, "Psychotherapy in the aftermath of human trafficking: Working through the consequences of psychological coercion," *Women and Therapy*, 40 (2017): 31-54
- B. Stoute, "Black rage: The psychic adaptation to the trauma of oppression," *Journal of the American Psychoanalytic Association*, 69 (2021): 259-290
- B. Stoute and M. Slevin, eds., *The Trauma of Racism: Lessons from the Therapeutic Encounter* (2022), selections

Recommended:

- J. Bowlby, Attachment and Loss, 3 vols. (1969-1980)
- D. W. Winnicott, Deprivation and Delinquency (1984 [1939-1970])
- J. Herman, Father-Daughter Incest (1981)
- E. Kuriloff, Contemporary Psychoanalysis and the Legacy of the Third Reich (2014)

Week 5 (October 5): Object

- W.R.D. Fairbairn, "Steps in the development of an object-relations theory of the personality" (1949), in *Psychoanalytic Studies of the Personality* (1999 [1952]), 152-161.
- W. R. D. Fairbairn, "The repression and return of bad objects" (1943) in *Psychoanalytic Studies of the Personality*, 59-81
- D.W. Winnicott, "Transitional objects and transitional phenomena—A study of the first not-me possession," *International Journal of Psychoanalysis* 34 (1953): 89-97
- D.W. Winnicott, "The use of an object," ibid., 50 (1969): 711-16
- H. Guntrip, "My experience of analysis with Fairbairn and Winnicott" *International Review of Psycho-Analysis* 2 (1975): 145-56
- A. Reich, "Narcissistic object choice in women," *Journal of the American Psychoanalytic Association* 1 (1953): 22-44
- D. Celani, *The Illusion of Love: Why the Battered Woman Returns to her Abuser* (1994), selections

Recommended:

- A. Hughes, ed., The Inner World and Joan Riviere: Collected Papers, 1920-1958 (1991)
- M. Klein, Contributions to Psycho-Analysis, 1921-1945 (1950)
- J. Hazell, ed., Personal Relations Therapy: The Collected Papers of H.J.S. Guntrip (1994)
- P. Buckley, ed., Essential Papers on Object Relations (1986)

Week 6 (October 12): Family

- S. Freud, *Three Essays on the Theory of Sexuality* (1905), SE 7, 125-245
- S. Freud, "A special type of object-choice made by men" (1910), SE 11: 164-75
- S. Freud, "Some psychological consequences of the anatomical distinction between the sexes" (1924), SE 19: 243-58
- S. Freud, Five Lectures on Psycho-Analysis (1909) SE 11, 46-48
- S. Freud, *Introductory Lectures on Psycho-Analysis*, Lecture 21(1916-1917) SE 16, 320-338
- R. Devlin, "'Acting out the Oedipal wish': Father-daughter incest and the sexuality of adolescent girls in the United States, 1941-1965," *Journal of Social History* 35 (Spring 2005): 609-633
- D. Celani, Leaving Home (2005), chap. 3
- M. Mann, "Religious identity formation in the children of immigrant Muslim parents," in Ahktar, ed., *Crescent and Couch*

S. Bar-Haim, *The Maternalists: Psychoanalysis, Motherhood, and the British Welfare State* (2021), selections, https://www-degruyter-com.ezp-prod1.hul.harvard.edu/document/doi/10.9783/9780812299649/html#contents

Recommended:

R. D. Laing, The Politics of the Family and Other Essays (1971)

Juliet Mitchell, Siblings: Sex and Violence (2003)

- R. Devlin, *Relative Intimacy: Fathers, Adolescent Daughters, and Postwar American Culture* (2005)
- A. Bechdel, Fun Home (2007), Are You My Mother? (2012)

Part III Psychoanalysis and pathologies of modernity

Week 7 (October 19): Narcissism

- S. Freud, "On narcissism: An introduction" (1914), SE 14, 69-102
- A. Reich, "Pathologic forms of self-esteem regulation," *Psychoanalytic Study of the Child*, 15 (1960): 215-232
- H. Kohut, "Forms and transformations of narcissism," *Journal of the American Psychoanalytic Association* 14 (1966): 243-272
- H. Kohut, The Kohut Seminars (1987), #s 1-3
- O. Kernberg, Borderline Conditions and Pathological Narcissism (1985), chap. 8
- C. Lasch, *The Culture of Narcissism: American Life in an Age of Diminishing Expectations* (1979), selections

Recommended:

- H. Kohut, *The Analysis of the Self* (1971)
- E. Lunbeck, The Americanization of Narcissism (2014)
- C. Malkin, Rethinking Narcissism (2015)

Week 8 (October 26): Affluence and greed

- O. Fenichel, "The drive to amass wealth," Psychoanalytic Quarterly 7 (1938): 69-95
- J. Riviere, "Hate, greed and aggression" (1937), in Klein and Riviere, *Love, Hate and Reparation* (1964), 3-53
- P. Cushman, Constructing the Self, Constructing America: A Cultural History of Psychotherapy (1995), chap. 8
- J. Toews, "Consuming Freud in consumer culture: Historicizing the empty self," *Psychohistory Review* 24 (1995): 13-26
- P. Wachtel, "Full pockets, empty lives: A psychoanalytic exploration of the culture of greed," *American Journal of Psychoanalysis* 63 (2003): 103-122
- A. Phillips, "Money mad," in Going Sane: Maps of Happiness (2005)
- S. Ahktar, Greed (2015), chaps. 5 and 7

Recommended:

- D. Tuckett, Minding the Markets: An Emotional Finance View of Financial Instability (2011)
- S. Polk, For the Love of Money (2016)

Week 9 (November 2): *Empathy*

- S. Ferenczi, "The elasticity of psycho-analytic technique" (1928), in Ferenczi, Final Contributions to the Problems and Methods of Psycho-Analysis (1955), 87-101
- H. Kohut, "Introspection, empathy, and psychoanalysis—An examination of the relationship between mode of observation and theory," *Journal of the American Psychoanalytic Association* 7 (1959): 459-483
- H. Kohut, The Kohut Seminars (1987), #s 4, 12, 13
- H. Kohut, "On empathy," in *The Search for the Self*, vol. 4, 525-535
- D. Goleman, "Rich people just care less," New York Times, 5 October 2013
- E. Lunbeck, The Americanization of Narcissism (2014), 186-194
- S. Lanzoni, *Empathy: A History* (2017), selections

Recommended:

- H. Kohut, *How Does Analysis Cure?* (1984)
- S. Baron-Cohen, *The Science of Evil* (2011)

Week 10 (November 6): Authority and toxic leadership

- S. Freud, Group Psychology and the Analysis of the Ego (1921), SE 17,
- S. Freud, Civilization and Its Discontents (1930), SE 21, 59-145
- J. Brunner, Freud and the Politics of Psychoanalysis (1995), chap. 13
- F. Roustang, Dire Mastery: Discipleship from Freud to Lacan (1982), chap. 1
- H. Kohut, "Creativeness, charisma, group psychology," in *The Search for the Self*, vol. 2, 793-843
- V. Volkan & J. Fowler, "Large-group narcissism and political leaders" (2009)

Recommended:

- W. H. Whyte, *The Organization Man* (1956)
- O. Kernberg, *Ideology, Conflict, and Leadership in Groups and Organizations* (1998)
- L. Breger, Freud: Darkness in the Midst of Vision (2000)
- M. Maccoby, *The Productive Narcissist* (2003)
- D. Pick, In Pursuit of the Nazi Mind: Hitler, Hess, and the Analysts (2012)

Part IV

Week 11 (November 16): Conceptualizing the history of psychoanalysis

- J. Malcolm, *Psychoanalysis: The Impossible Profession* (1981) (re-read if you would like)
- L. Menand, "Freud, anxiety, and the Cold War," in J. Burnham, ed., *After Freud Left: A Century of Psychoanalysis in America* (2012), 189-207
- J.-C. Agnew, "The walking man and the talking cure," in Burnham, *After Freud*, 233-245
- P. Galison, "Blacked-out spaces: Freud, censorship, and the re-territorialization of the mind," *British Journal for the History of Science* 45 (2012): 235-266
- K. Leary, "Race as an adaptive challenge: Working with diversity in the clinical consulting room," *Psychoanalytic Psychology* 29 (2012): 279-291
- D. Pick, Brainwashed: A New History of Thought Control (2022), selections

Recommended:

- D. Riley, War in the Nursery: Theories of the Child and Mother (1983)
- G. Makari, Revolution in Mind (2008)
- E. Zaretsky, Secrets of the Soul (2004)

Week 12 (November 30): *Open—topic to be chosen by class*